

5.1. General Arrangements

The 2021 regatta will look and feel different from a normal Metropolitan Regatta. It is important that all those who attend the site whether to compete, officiate, volunteer or work are able to do so in a way that minimises the risk to themselves and to others of contracting COVID. Everybody attending the event not entered into a crew (all officials, coaches, support staff and volunteers, MUST complete the health declaration available via the website not more than 24 hours before attending the site. Individuals who have not completed this declaration risk exclusion from the regatta. You must wear a mask when you are indoors, using any facilities or if for any reason cannot maintain social distancing.

COVID19 Tests are now available from a number of sources from the NHS free of charge. We encourage everyone attending the site to conduct a lateral flow test at least twice in the week before the event with one test being taken on the day before you travel to the event.

- [Order rapid lateral flow tests to be sent to your home](#)
- [Find a site near you to get tested at](#)
- [Find a pharmacy where you can collect rapid lateral flow tests](#)
- [Find a test site where you can collect rapid lateral flow tests](#)

COVID Security – You should wear a mask in any area where you cannot maintain social distancing (2m), this is likely to include moving around the site with others. You do not need to wear a mask to boat unless your club / educational institution guidance requires it. A mask must be worn at all times when indoors. The following aspects of the regatta have significant changes for 2021, as summarised below:

Parking – There will be no charge for parking. All competitors and coaches cars should be parked as directed by security along the course.

Changing/Toilet/Shower and Rest Facilities – There will be no changing or shower facilities and no rest areas inside or in tented structures. Please ensure you arrive ready to race. You are welcome to bring tents / structures which can be put up in the field beyond the trailer park or along the bund towards the finish line.

Check-in / Crew Changes – You will not have to check in. You cannot make crew changes in person, you should use BROE. Your number for the time trial can be collected near weigh in throughout the day and regatta lane numbers will be given to you when you boat.

Weigh in – Coxswains and lightweights must weigh in before your first race in accordance with Rules of Racing. No weight certificates will be handed out, wrist bands will be used to demonstrate that you have weighed in, weights will be recorded by the weigh in official. Coxswains must provide their own sealed deadweight to make up their weight to race weight which they should be willing to surrender to be weighed at any time up to their last race. Coxswains can be weighed in for multiple boat classes on that day, but must declare the classes to the official at the time of weigh in. Coxswains and lightweights must wear a mask/ face covering during weigh in. Weigh in will be located in bay 1 of the boat house.

Boating – All boating will be directly into the warm up lake. Please ensure you bring wellingtons, flipflops or sliders NOT trainers and that coaches have an appropriate container to help move footwear to the rafts after boating. You should leave the trailer park 10 mins before you want to put your boat into the water.

Racing – You can warm up in the warm up lake between 500m and 1500m. Time trials will be in Lane 6 and 7. Regatta racing will utilise all 8 lanes. After you have finished you must NOT cool down. Each lane is allocated one side of the landing rafts, 1 to 8 from left to right of the four rafts, e.g. lane 1 uses raft 1 left hand side, lane 2 uses raft 1 right hand side. A raft will be allocated to each crew as they finish the Time Trial.

Coaches – Only 1 coach is permitted to follow each crew in each race.

Spectators – Spectators are strictly prohibited. Nobody will be permitted to access the site only for the purpose of spectating. Breaching this instruction leaves crews being supported liable to disqualification.

Racking of Boats / Blades – Boats can be stored on any grassy area before time trials and between time trials and regatta races. After your final your boat must be returned to your trailer. Blades should be returned to your trailer

after each water session, stored under your boat or placed in the blade storage area, none should be left in the boating area except prior to racing and while racking your boat.

Results and the draw – There will be no notice boards or displays of results. Results and draws will be published on our website and via Twitter.

Information Broadcast – Key information will be broadcast via a Whatsapp group please submit details via the Club Covid Declaration (1 per club). This will be used to communicate urgent information about racing.

Prizes – There will be no prizegiving or trophies at this year's event. Medals can be collected by winning crews from the weigh in area. Please only send 1 representative to collect prizes.

Coaches as COVID Officers: Each coach has a responsibility for the COVID secure behaviour of their clubs members. Coaches are encouraged to help enforce social distancing amongst their club members and to ensure that they follow the appropriate guidance and circulation throughout the regatta.

Club and Individual Declarations: Each club should submit a "Club COVID Declaration" which is available on the website. This will confirm that their entry reflects the athletes on site, that none have or are at high risk of COVID infection and that the COVID guidance will be followed. Any person attending site who is not entered into a racing boat MUST complete an individual declaration available on the website. This is a legal requirement.