METROPOLITAN REGATTA

*Founded 1866*

3rd and 4th June 2017

Dorney

Lake

*w*[*ww.metregatta.org*](http://Www.metregatta.org/) *entries2017@metregatta.org*

Course: 6/7 lanes, 2000 metres, still water.

Racing under British Rowing Rules and Row Safe: A Guide to Good Practice in Rowing.

Entry Fees: Eights £150, Fours/Quads £80, Pairs/Doubles £55, Singles £35

All entries must be made using British Rowing’s Online Entry (BROE).

This is a summary of the Regatta’s Entry Rules. Clubs should check the complete version, which is on the web site.

EVENT STRATEGY: The Regatta will be using the new Ranking Points system, and entries will be banded into Tiers based on the Ranking index of the crews. Apart from Challenge Eights, all tiers will be raced in one half of the day, with alternate tiers in different sessions. This will enable a crew to double up within an event. The number of tiers in each event will depend on factors such as the size of entry and the spread of Ranking Indexes. We anticipate using up to 5 tiers, as shown in the event list.

Events will not take place with fewer than 4 entries.

SUBSTITUTIONS: All substitutions must be made **using BROE**, and in accordance with British Rowing’s Personal Ranking Reference Book.

DOUBLING UP: No competitor may enter an Open Event and Women’s event on the same day. Also on Sunday only, no competitor may enter a sweep oar event and a sculling event. Competitors may only enter 2 events on the same day.

Doubling up is always at the competitor’s risk.

CHALLENGE EIGHTS (SUNDAY): All Eights events on Sunday will be run as Time Trials followed by limited Semi-Finals and then Finals for all crews.

STATUS AND COMPETENCE: The Regatta may apply a minimum Ranking Index for single scullers.

All crews should be able to attach to the start and get themselves straight in a reasonable time. Crews that are not capable of getting themselves ready in time are liable to be excluded.

OVERSEAS CREWS: Overseas crews must use BROE to make their entries, and are advised to allow plenty of time to do so. As Overseas crews will not have a BR Ranking Index, we ask that clubs provide details on their status/ranking in their own country. Otherwise crews will be placed in the top tier.

PAYMENTS: **Payment must be made before entries close.** Note that if events are oversubscribed a crew’s priority is determined by when the entry was made, not the payment. Crews that withdraw before the draw will have their fees refunded, less a handling charge. Once the draw has been made no refunds are made.

CANCELLATION: We regret that if all or part of the Regatta has to be cancelled for safety reasons, no entry fees will be refunded.

JUNIOR COMPETITORS: Clubs entering Junior competitors, even in Senior events, should refer to the Regatta’s Junior Welfare Policy and Plan, and provide contact details for responsible adults. See the Entry Rules.

ENTRIES CLOSE AT 12 NOON ON FRIDAY 26 MAY

Incomplete or unpaid entries will not be accepted

The Draw will take place at 1 pm on Sunday 28th May, at London Rowing Club

SATURDAY EVENTS

Open Eights (Tier 1 Afternoon, expect 5 tiers) Women’s Eights (Tier 1 Afternoon, expect 3 tiers)

 Champion Cup for Championship\* Walter Morrison Cup for Championship\*

 Metropolitan Cup for Tier 4

Open Coxed Fours (Tier 1 Morning, expect 5 tiers,) Women’s Coxed Fours (Tier 1 Morning, expect 4 tiers)

 Mitchell Cup for Tier 2 Putney Bridge Cup for Tier 3

 Ayton Safford Cup for Tier 4 Littleton Bowl for Tier 4

Open Coxless Fours (Tier 1 Morning, expect 4 tiers) Women’s Coxless Fours (Tier 1 Morning, expect 3 tiers)

 Thames Cup for Championship\* Sidney Swann Cup for Championship

Open Quad Sculls (Tier 1 Afternoon, expect 3 tiers) Women’s Quad Sculls (Tier 1 Afternoon, expect 3 tiers)

Open J18 Quad Sculls (Samuel Samuel Cup) Women’s J18 Quad Sculls

Open Coxless Pairs (Tier 1 Afternoon, expect 3 tiers) Women’s Coxless Pairs (Tier 1 Afternoon, expect 2/3 tiers)

 Ampthill Cup for Championship

 Poke Cup for Tier 2

Open Double Sculls (Tier 1 Morning, expect 3 tiers) Women’s Double Sculls (Tier 1 Morning, expect 2/3 tiers)

 Stratton Cup for Tier 2

Open Single Sculls (Tier 1 Afternoon, expect 5 tiers) Women’s Single Sculls (Tier 1 Afternoon, expect 4 tiers)

 Tideway Cup for Tier 2 Earl of Iveagh Cup for Championship\*

Open Lightweight Single Sculls

SUNDAY EVENTS

Open Challenge Eights Women’s Challenge Eights

 Peter Coni Cup for top overall crew Di Ellis Trophy for top overall crew

 Old Barnes Cup (see below) Sun Life of Canada Cup (see below)

 George Hallowes Cup for Tier 4

 Charles Dimont Cup for J19

Open Masters Eights Women’s Masters Eights

Open Coxed Fours (Tier 1 Morning, expect 4 tiers) Women’s Coxed Fours (Tier 1 Morning, expect 3 tiers)

 Matt Wood Bowl for Tier 3

Open Coxless Fours (Tier 1 Morning, expect 4 tiers) Women’s Coxless Fours (Tier 1 Morning, expect 2 tiers)

 Horton Cup for Tier 2

 Old Goring Cup for Tier 3

Open Quad Sculls (Tier 1 Afternoon, expect 2/3 tiers) Women’s Quad Sculls (Tier 1 Afternoon, expect 3 tiers)

 John West Trophy for Championship\*

Open Coxless Pairs (Tier 1 Afternoon, expect 2 tiers) Women’s Coxless Pairs (Tier 1 Afternoon, expect 2 tiers)

 Layton Cup for Tier 2 Coronation Bowl for Tier 2

Open Double Sculls (Tier 1 Morning, expect 2 tiers) Women’s Double Sculls (Tier 1 Morning, expect 2 tiers)

 Schuster Cup for Tier 2

 Women’s Lightweight Double Sculls

Open Single Sculls (Tier 1 Afternoon, expect 5 tiers) Women’s Single Sculls (Tier 1 Afternoon, expect 5 tiers)

 London Cup for Championship\*

 Secretary’s Cup for Tier 3

Open Lightweight Single Sculls Women’s Lightweight Single Sculls (B M Winter Trophy)

Open J18 Single Sculls (Thamesfield Trophy)

\*Championship is Tier 1. The allocation of named trophies may vary depending on the number of tiers offered in each event. If no number of tiers is given we don’t expect to band the event.

The expected number of tiers is based on last year’s entry.

Where a Session is given (Morning or Afternoon), this is when the Championship races will be held. If Championship is in the morning, then Tier 2 will be in the afternoon, Tier 3 will be in the morning, etc.

The Morning session will end at around 2pm on both days.

The winners of each tier will receive medals, as long as at least 2 crews start.

In the Challenge Eights crews should enter as either “Club”, “Academic” or J19. Academic crews must represent Universities, College, or Schools but not Alumni Clubs. For more details of how the Challenge Eights and Masters Eights will operate, see the Entry Rules.