

**THE
METROPOLITAN REGATTA**

Metropolitan Amateur Regatta: Entry Instructions
30th and 31st May 2026

COURSE: Dorney Lake – Eight lanes of side-by-side racing over 2000m on still water.
RACING: Under British Rowing Rules of Racing with BR Crew Ranking Indices and single sculler PRIs used to inform the start order of the Time Trials.
FORMAT: Time Trial progressing to seeded final in a morning or afternoon session

Morning	Open 4–	W8s	Open 4+	W4x	Open 2x	W2–	W1x	PR1 M1x/W1x*
Afternoon	Open 8s	Open 4x	W4–	W4+	Open 2–	W2x	Open 1x	
Championship – Club – Academic – Lightweight – U23 – J18								
Doubling-up within a session is not permitted: Competitors including coxes may only be entered in one morning event and one afternoon event on each day								
International crews must provide information regarding NGB points or their racing form								

ENTRY FEES:	Eights	£170	Pairs / Doubles	£70
	Fours / Quads	£100	Single Sculls	£40

OPEN FOR ENTRIES USING BRITISH ROWING'S ONLINE ENTRY SYSTEM – BROE:

12-noon on Friday, 10th April 2026.

CLOSE OF ENTRIES FOR REGATTA SATURDAY:

12-noon on Friday, 22nd May 2026.

DRAW FOR REGATTA SATURDAY:

Saturday, 23rd May 2026.

CLOSE OF ENTRIES FOR REGATTA SUNDAY:

12-noon on Saturday, 23rd May 2026.

DRAW FOR REGATTA SUNDAY:

Sunday, 24th May 2026.

OPTION OF RACING ON SUNDAY IF REGATTA SATURDAY OVER-SUBSCRIBED: The Regatta Saturday is routinely over-subscribed, after the Draw for the Saturday events, the Regatta will remain open for entries for the Sunday – This gives any crew excluded from racing on the Saturday the possibility of racing on the Sunday.

CLUB CONTACT DETAILS FOR DRAW WEEKEND: As the Entries Secretary may need to contact clubs during the draw to discuss their entries, it is important clubs provide the Regatta with a phone number that will be answered during the Draw weekend.

ENTRIES SECRETARY EMAIL FOR ENQUIRIES: entries@metregatta.org

OR PHONE ENTRIES SECRETARY ON: +44 (0)7729 710 178

***Sunday Only**

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BRITISH ROWING'S ONLINE ENTRY SYSTEM – BROE:

- BROE must be used for all Entries and the payment of entry fees clubs must ensure their **BROE contact details are current.**
- An incomplete or otherwise incorrectly submitted Entry will be rejected.
- Entry fees must be paid **before** 'Close of Entries' either through BROE or by Bank transfer – cheques cannot be accepted. If an entry fee is paid by Bank transfer then the Club should email details of the crew concerned to the Regatta's Entries Secretary.
- **Substitutions prior to the Regatta** must be made on BROE.
- **Doubling-up** within a racing session is not permitted but competitors including coxes may enter one event in the morning and one event in the afternoon session of each day.
- A club unsure of how to enter a **Composite crew** should first contact the Regatta's Entries Secretary or British Rowing.
- An **Overseas club** that has not previously entered an event using BROE should contact British Rowing for guidance.
- A mobile telephone number for a responsible adult who will be attending the Regatta must be provided to the Regatta's Entries Secretary at the time an Entry is made for any **crew with a Junior even if competing at a senior status.**

REFUNDS:

- An entry fee after the deduction of any charges incurred by the Regatta will be refunded if an Entry is withdrawn **before** 'Close of Entries' for the event.
- **Should all or part of the Regatta have to be cancelled or abandoned for any reason then entry fees are not refundable.**

CREW CLASSIFICATIONS:

- **Lightweight, Under-23 and Junior-18** are as the BRRoR classifications.
- **Academic** classification is for school and tertiary education institution crews where every member is or, within two months of the Regatta, was a full-time student of the institution.
- **PR1** men's and women's single sculls events will be run on Sunday only. Competitors are invited to contact the regatta secretary to discuss any specific requirements.
- The following should only be entered into the **Championship** classification:
 - Club crews with any member who has been rowing for an academic institution within two months of the Regatta – or crews entered by an academic institution but not satisfying the Academic classification;
 - Composite crews – unless comprised of members of a single tertiary education institution (such as a crew drawn from constituent colleges of a university) in which case, and if otherwise eligible, the crew may be entered into the Academic classification;
 - the 'A-crew' within each boat class of a club or academic institution having HPP financial support or otherwise benefitting from an equivalent funding scheme in the UK or overseas; and,
 - a crew that is ineligible for either Club or Student events at Henley Royal Regatta, or is ineligible for Henley Women's Regatta Aspirational events.

CREW COMPETENCE:

- All finals will have up to eight boats side-by-side and short time intervals between races so crews should have practised attaching for a stake-boat-start in all conditions during their routine training – with the British Rowing document "*How to attach to a stake-boat*" setting out for coaches and coxes the recommended training for crews.

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- It will be presumed that all crews entering will be able to attach at the Start and be straight and ready to race at least two minutes before the scheduled time of the race; and a crew found not to be competent in this regard is liable to be excluded by the Starter.

UNDER-SUBSCRIBED EVENTS: An event attracting fewer than three Entries is unlikely to be run but the Regatta will try to contact clubs concerned about the options of withdrawing with the full Entry fee refunded, changing day, or changing classification:

- Junior-18 to Academic if so eligible – otherwise to Championship;
- Lightweight to Club or Academic if so eligible – otherwise to Championship; and,
- Club and Academic to Championship.

OVER-SUBSCRIBED BOAT CLASSES:

- Upon 'Close of Entries' a **minimum British Rowing Crew Ranking Index (or a PRI threshold for scullers)** may be applied for inclusion in the Draw for a boat class which is over-subscribed. Thus crews – specifically overseas crews and single scullers – who hold that their BR ranking index / PRI (or National Governing Body equivalent) does not reflect their standard should provide the Regatta's Entries Secretary at the time of entry with evidence such as results from other competitions and / or an indication that the crew or sculler is being considered for Junior, Under-23 or Senior selection for their national federation.
- Any further reducing of the number of crews in an event takes into consideration:
 - when an Entry was made and paid for – with an earlier entered and paying crew taking precedence;
 - whether a club has more than one crew entered in the boat class;
 - whether any member of a crew is Doubling-up at a higher status or in a larger boat class;
 - and, a crew's ranking index or other information in relation to their standard.

MEDALS for the Regatta will be awarded to the winners in each event's primary final provided there were three or more Entries made for the event and at least two crews then racing – and noting:

- the overall winning crew in the A-Final of a boat class will be awarded the Championship medals... and should that winning crew have been racing at a lower status – such as Club – then medals will be withheld for the lower status event; and,
- medals will be awarded on the basis of Time Trial results should the holding of subsequent multi-lane finals be rendered unsafe or otherwise unviable.

THIRD-PARTY LIABILITY INSURANCE:

- Note that, for an individual's insurance cover derived through British Rowing membership to be valid, **the member must be resident in the UK** for more than 6 months in a year.
 - **Overseas crews** are not covered under British Rowing's insurance arrangements and so are required to confirm to the Regatta when making an Entry that they already have, or will have arranged before their arrival at Dorney Lake, third-party insurance cover for competing at the Regatta. In this context, it is understood that some national rowing associations can provide insurance cover as long as they are notified in advance of a member club's intention to make an overseas crew Entry for the Regatta.
 - The Regatta does not ask to see evidence of insurance cover.
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