

Dorney  
Lake

# METROPOLITAN REGATTA

*Founded 1866*

1<sup>st</sup> and 2<sup>nd</sup> June  
2019

[www.metregatta.org](http://www.metregatta.org)

[entries@metregatta.org](mailto:entries@metregatta.org)

Course: 6/7 lanes, 2000 metres, still water.

Entry Fees: Eights £150, Fours/Quads £80,  
Pairs/Doubles £55, Singles £35

Racing under British Rowing Rules and Row  
Safe: A Guide to Good Practice in Rowing.

All entries must be made using British  
Rowing's Online Entry (BROE).

This is a summary of the Regatta's Entry Rules. Clubs should check the complete version, which is on the web site.

**EVENT STRATEGY:** The Regatta will be using the British Rowing's Personal Ranking Index system, and entries will be banded into Tiers based on the ranking index of the crews. Apart from Challenge Eights, all tiers will be raced in one half of the day, with alternate tiers in different sessions. This will enable a crew to double up within an event. The number of tiers in each event will depend on factors such as the size of entry and the spread of ranking indexes. We anticipate using up to 5 tiers, as shown in the event list.

Events will not take place with fewer than 4 entries.

Crews may request to race in Championship Tier, but we will not move a crew into a lower Tier.

**SUBSTITUTIONS:** All substitutions must be made using BROE, and in accordance with British Rowing's Personal Ranking Reference Book.

**DOUBLING UP:** No competitor may enter an Open event and Women's event on the same day. Also, on Sunday only, no competitor may enter a sweep oar event and a sculling event. Competitors may only enter 2 events on the same day. Doubling up is always at the competitor's risk.

**CHALLENGE EIGHTS (SUNDAY):** All Eights events on Sunday will be run as Time Trials followed by limited Semi-Finals and then Finals for all crews.

**STATUS AND COMPETENCE:** The Regatta may apply a minimum Ranking Index for single scullers.

All crews should be able to attach to the start and get themselves straight in a reasonable time. Crews that are not capable of getting themselves ready in time are liable to be excluded.

**SCOTTISH & FOREIGN CREWS:** Must use BROE to make their entries and are advised to allow plenty of time to do so. As Scottish and foreign crews will not have a BR Ranking Index, we ask that clubs provide details on their status/ranking in their own country on BROE. Otherwise crews will be placed in the top tier. See the Entry Rules.

**PAYMENTS:** Payment must be made before entries close. Note that if events are oversubscribed a crew's priority is determined by when the entry was made, not the payment. Crews that withdraw before the draw will have their fees refunded, less a handling charge. Once the draw has been made no refunds are made.

**CANCELLATION:** We regret that if all or part of the Regatta has to be cancelled for safety reasons, no entry fees will be refunded.

**JUNIOR COMPETITORS:** Clubs entering Junior competitors, even in Senior events, should refer to the Regatta's Junior Welfare Policy and Plan, and provide contact details for responsible adults. See the Entry Rules.

**ENTRIES CLOSE AT 12 NOON ON FRIDAY 24 MAY**  
**Incomplete or unpaid entries will not be accepted**

The Draw will take place at 1 pm on Sunday 26<sup>th</sup> May, at London Rowing Club

## SATURDAY EVENTS

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| <p>Open Eights (Tier 1 Afternoon, expect 5 tiers)<br/>             Champion Cup for Championship*<br/> <i>Eights will contain Club and Academic groups below Championship level.</i></p> | <p>Women's Eights (Tier 1 Afternoon, expect 3 tiers)<br/>             Walter Morrison Cup for Championship*</p>       |
| <p>Open Coxed Fours (Tier 1 Morning, expect 5 tiers,)<br/> <i>Coxed Fours will contain Club and Academic groups below Championship level.</i></p>                                        | <p>Women's Coxed Fours (Tier 1 Morning, expect 4 tiers)</p>                                                           |
| <p>Open Coxless Fours (Tier 1 Morning, expect 4 tiers)<br/>             Thames Cup for Championship*</p>                                                                                 | <p>Women's Coxless Fours (Tier 1 Morning, expect 3 tiers)<br/>             Sidney Swann Cup for Championship</p>      |
| <p>Open Quad Sculls (Tier 1 Afternoon, expect 3 tiers)</p>                                                                                                                               | <p>Women's Quad Sculls (Tier 1 Afternoon, expect 3 tiers)</p>                                                         |
| <p>Open J18 Quad Sculls (Samuel Samuel Cup)</p>                                                                                                                                          | <p>Women's J18 Quad Sculls</p>                                                                                        |
| <p>Open Coxless Pairs (Tier 1 Afternoon, expect 3 tiers)<br/>             Ampthill Cup for Championship<br/>             Poke Cup for Tier 2</p>                                         | <p>Women's Coxless Pairs (Tier 1 Afternoon, expect 2/3 tiers)</p>                                                     |
| <p>Open Double Sculls (Tier 1 Morning, expect 3 tiers)</p>                                                                                                                               | <p>Women's Double Sculls (Tier 1 Morning, expect 2/3 tiers)<br/>             Stratton Cup for Tier 2</p>              |
| <p>Open Single Sculls (Tier 1 Afternoon, expect 5 tiers)<br/>             Tideway Cup for Tier 2<br/>             Freeman Cup for Tier 4</p>                                             | <p>Women's Single Sculls (Tier 1 Afternoon, expect 4 tiers)<br/>             Earl of Iveagh Cup for Championship*</p> |
| <p>Open Lightweight Single Sculls</p>                                                                                                                                                    |                                                                                                                       |

## SUNDAY EVENTS

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|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Open Challenge Eights<br/>             Peter Coni Cup for top overall crew<br/>             Allocation of the other trophies is to be decided.</p>  | <p>Women's Challenge Eights<br/>             Di Ellis Trophy for top overall crew</p>                                                                     |
| <p>Open Masters Eights</p>                                                                                                                             | <p>Women's Masters Eights</p>                                                                                                                             |
| <p>Open Coxed Fours (Tier 1 Morning, expect 4 tiers)<br/> <i>Coxed Fours will contain Club and Academic groups below Championship level.</i></p>       | <p>Women's Coxed Fours (Tier 1 Morning, expect 3 tiers)</p>                                                                                               |
| <p>Open Coxless Fours (Tier 1 Morning, expect 4 tiers)<br/>             Horton Cup for Tier 2<br/>             Old Goring Cup for Tier 3</p>           | <p>Women's Coxless Fours (Tier 1 Morning, expect 2 tiers)</p>                                                                                             |
| <p>Open Quad Sculls (Tier 1 Afternoon, expect 2/3 tiers)</p>                                                                                           | <p>Women's Quad Sculls (Tier 1 Afternoon, expect 3 tiers)<br/>             John West Trophy for Championship*</p>                                         |
| <p>Open Coxless Pairs (Tier 1 Afternoon, expect 2 tiers)<br/>             Layton Cup for Tier 2</p>                                                    | <p>Women's Coxless Pairs (Tier 1 Afternoon, expect 2 tiers)<br/>             Coronation Bowl for Tier 2</p>                                               |
| <p>Open Double Sculls (Tier 1 Morning, expect 2 tiers)</p>                                                                                             | <p>Women's Double Sculls (Tier 1 Morning, expect 2 tiers)<br/>             Schuster Cup for Tier 2<br/>             Women's Lightweight Double Sculls</p> |
| <p>Open Single Sculls (Tier 1 Afternoon, expect 5 tiers)<br/>             London Cup for Championship*<br/>             Secretary's Cup for Tier 3</p> | <p>Women's Single Sculls (Tier 1 Afternoon, expect 5 tiers)</p>                                                                                           |
| <p>Open Lightweight Single Sculls</p>                                                                                                                  | <p>Women's Lightweight Single Sculls (B M Winter Trophy)</p>                                                                                              |
| <p>Open J18 Single Sculls (Thamesfield Trophy)</p>                                                                                                     |                                                                                                                                                           |

\*Championship is Tier 1. The allocation of named trophies may vary depending on the number of tiers offered in each event. If no number of tiers is given, we don't expect to band the event, and it may run at any time of the day. The expected number of tiers is based on entries in previous years.

Where a Session is given (Morning or Afternoon), this is when the Championship races will be held. If Championship is in the morning, then Tier 2 will be in the afternoon, Tier 3 will be in the morning, etc.

The Morning session will end at around 2pm on both days.

The winners of each tier will receive medals, as long as at least 2 crews start.

In the Challenge Eights crews should enter as either "Open", "Club", "Academic" or J19. For more details of how the Challenge Eights and Masters Eights will operate, see the Entry Rules.

For other events that are split into Club and Academic, the Championship Tier will contain crews from both, while lower Tiers will be split. The allocation of the trophies is to be decided.